



Circus In Schools

greentop
circus
centre

We offer a range of enrichment options from single workshops to fully developed programmes for ages 5 – 18.

The impact of circus activities on young people is profound, significantly enhancing their physical and social literacy. Participating in these activities has been shown to:



Promote **engagement in learning** through **playful** activities



Encourage **resilience** and **collaboration**



Develop **self-awareness** and **creative thinking** skills



Inspire children to set goals and strive for **personal growth**



Engage students across all **fitness** levels and ability



Foster an **inclusive** environment where everyone can **succeed**



All our activities are eligible for Sports Premium **funding**



IN-SCHOOL CIRCUS SKILLS WORKSHOP

Our **In-School Workshops** range from single classes to rotating schedules for a full day or weekly over a term. These workshops are an excellent addition to the PE curriculum and can be part of after-school or lunchtime clubs, or one-off sessions to support focused topics or just for fun!

WHAT WE LEARN

- A range of circus skills including:
Juggling
Plate spinning
Poi
Diabolo
Flower sticks
Stilt walking
- Physical coordination, balance, and motor skills
- Creativity, resilience, and teamwork

IN-SCHOOL CIRCUS SKILLS WORKSHOPS

- ✓ 1 hour | £104
- ✓ 1/2 Day (3 hours) | £281
- ✓ Full Day (6 hours) | £499



PROGRAMME DELIVERY

One tutor for a class of 30 children.
For full days or larger groups, we recommend booking two tutors.

Experienced tutors leading sessions adaptable to needs

Available Mon-Fri
All equipment is provided





SEND CIRCUS SKILLS WORKSHOP

We offer regular classes for children and young people on the autistic spectrum, and our experienced team is skilled at adapting to a wide range of needs. Whether it's autism, ADHD, or physical disabilities, we tailor our circus skills sessions to ensure every child and young person can join in the fun.

SEND CIRCUS SKILLS WORKSHOPS

- ✓ 1 hour | £104
- ✓ 1/2 Day (3 hours) | £281
- ✓ Full Day (6 hours) | £499



PROGRAMME DELIVERY

We can bring the circus to your school or welcome you to our centre.

Experienced tutors leading sessions adapted to meet needs

Available Mon-Fri
All equipment is provided



"A massive thank you to Trudi for the workshop she ran for the Integrated Resource pupils here at Forge Valley school this morning. Both pupils and staff had a great time, children who struggle to take part in group activities and have motor skills difficulties got so much out of the session and a sense of achievement."

Helen Latham, Forge Valley School



THIS IS CIRCUS

WHAT WE LEARN

- A range of circus skills
- What Circus is
- How circus is great for creativity and resilience

PROGRAMME DELIVERY

x6 weekly classes
(1 hour class per week, Mon-Fri)

Flexible: In-person by expert tutors,
blended with staff training, or fully
remote.

All equipment is provided

£300

START PRICE

This Is Circus School Programme

offers a fresh approach to PE classes. Over 6 weeks, KS1 & KS2 children will explore various circus skills, understand "What Is Circus?", and discover its benefits for physical fitness, creativity and resilience. Co-designed with local schools to inspire children to be more creatively active and actively creative, while aligning to the curriculum, the programme is ready to implement and is adaptable for other curriculum areas or as lunch/after-school activities.

"What This is Circus brought out was all of those soft skills of collaboration, persistence, resilience, cooperating with each other, communicating with each other and I loved seeing so many kids happily engaged without it feeling competitive"

Nick Wells (PE Lead) and Becky Stroud (Teacher), Beck Primary School



THIS IS CIRCUS

6 WEEK PROGRAMME



Pre-course induction

1

Week 1: What is Circus

LO: Inquisitive about Circus
Rules of the Ring

2

Week 2: Skills Taster

LO: Try skills and develop
confidence through
competence

3

Week 3: Resilience

LO: Develop persistence and
understanding by being brave

4

Week 4: Progression

LO: Develop and explore a
specific skill

5

Week 5: Specialisation

LO: Develop and explore a
specific skill - Create a routine

6

Week 6: Insight

Share and reflect on learning.
How to continue



Evaluation and how to
continue...

RESOURCES INCLUDED

Lesson plans

Supporting videos

Posters

Resources for making and learning
at home

Q&A

All equipment



We can design a **Custom Circus Programme** that aligns with your specific topic or key stage. Our circus resources span a wide range of subjects, including art, history, geography, science, maths, languages, and PE, providing a distinctive approach to learning. Additionally, these resources support PSHE objectives, foster resilience and creativity, and contribute to addressing obesity.



WELCOME
TO THE
CIRCUS
WORKSHOP

£302

START PRICE

Held at **Greentop Circus Centre**, our **Welcome to the Circus workshops** are suitable for all age groups. Enjoy two hours of fun and learning! Including a demonstration, followed by hands-on experience with a variety of circus skills. We also offer a Q&A session with our tutors about circus life.

PROGRAMME DELIVERY

2 hour session at our specially equipped Greentop Circus Centre

Tailored sessions to meet your priorities and timing needs

Available Mon-Fri
All equipment is provided



WHAT WE LEARN

- A range of circus skills including:
 - Trapeze
 - Hoop
 - Silks
 - Tightwire
 - Unicycle
 - Stilt walking
- About life in the Circus
- Physical coordination, balance, and motor skills
- Creativity, resilience, and teamwork

MORE
CIRCUS



Add a touch of circus magic to your assemblies and ceremonies! We'll start with a short performance, followed by our entertainer assisting with the awards. To finish, enjoy a spectacular five-minute finale.

£104

START PRICE



MORE CIRCUS

- ✓ Awards assemblies
- ✓ Holiday clubs
- ✓ **Free** funded holiday circus workshops
- ✓ Youth Circus and performing Troupe

TROUPE

For young people wanting to take circus further we offer opportunities to develop skills, perform and access formal advanced training



We offer Healthy Holidays Circus Workshops, funded by the UK Government's Holiday Activities and Food programme, for local children receiving free school meals.



By turning you upside down, we teach you to stand on your own two feet. By dropping objects, we teach you to catch them. By having you walk all over someone, we teach you to take care of them. By having you clown around, we teach you to take yourself seriously."

– Robert Sugarman, *Circus for Everyone*.





Why Circus?

91% felt happy doing circus activity*

Circus re-engages young people in learning

87% felt circus helped them take on and succeed at difficult challenges*



90% felt able to learn lots of different skills*

83% felt able to come up with new ideas*

- **EDUCATIONAL GOALS:** Circus promotes physical activity, physical literacy, critical thinking, and reflective learning. It supports problem-solving and creative thinking, engaging young people with low motivation, low activity, transition concerns, and "fragile learners," improving physical competence. It's well-suited for neuro-diverse learners.
- **ENGAGEMENT GOALS:** Circus is fun and offers various disciplines, ensuring everyone can succeed. It's new for most, creating a level playing field. Programs can be adapted to different settings and needs, engaging people across genders, ages, cultural backgrounds, and identities.

- **DEVELOPMENT GOALS:** Circus is motivating and non-competitive, offering individual and group challenges. It encourages ambition through personal goal setting and helps overcome negative self-beliefs. Workshops and courses can be tailored to group and individual needs.
- **SOCIAL GOALS:** Circus boosts self-esteem, confidence, and teamwork. It fosters resilience, a "I can't do it yet!" mindset, and builds interpersonal relationships in a cooperative, safe, and non-judgmental environment.

Circus helps grow happier healthier creative young people.



"It's been such a success and we would definitely be interested in doing this again next year"

Teacher, Hucklow Primary School

*This is Circus Impact Survey: Strongly Agreed/Agreed responses from 944 participants Y1-Y6 from 9 Primary schools, Sheffield UK



Our mission: to promote excellent circus that inspires people, strengthens communities and develops artists.

Contact Us



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About Us



Registered charity: 1054722
Registered Company: 3185290

Greentop Circus is a leading UK circus centre offering classes for all ages, professional artist development, and custom programmes for schools, communities, and businesses. With over 25 years of experience, Greentop is a well-established charity in the region.



This is Circus was developed with support from National Lottery funds, Arts Council England, Circusworks, Sheffield Hallam University, Create Sheffield, and Beck Primary School. Delivery was made possible by the Postcode Lottery Fund.