

## **Greentop COVID 19 Secure Classes Protocol**

**Version 8: 9/5/2022**

### **Entering and using the building**

1. You should not come to class if you or anyone in your household has any COVID 19 symptoms or symptoms of any other contagious illness
2. Try to keep social distance of 1m plus,
3. On arrival we will require you to clean your hands with hand sanitiser or soap and water at the sink, and ask you to do this before leaving the building
4. We will ensure the ventilation system is on. Two switches are located behind the tallescope, with the speed set at speed 4.
5. Whenever possible arrive in training clothes, to avoid use of shared toilets as changing rooms. Bring your own water bottle.
6. Bin lids will be left off or open, so you do not need to touch them when disposing of paper towels
7. To reduce exposure risks parents of children in class are not allowed to wait in the kitchen area unless by specific agreement.



### **Your training and equipment**

1. PPE: Masks are no longer mandatory. However, we do encourage you to use one if you wish to.
2. You will clean your mats at the end of the session as instructed by the teacher
3. If you feel ill, please inform the teacher and sit out the class in the lobby or arrange to leave as soon as possible.

**If anyone who has been at Greentop discovers they have Covid 19 please inform the centre as soon as possible: call 0114 244 8828 or email [manager@greentop.org](mailto:manager@greentop.org)**

**Anyone who has been in the relevant class as that person will be informed.**

**With the ongoing presence of Covid 19 in the UK, we at Greentop have a responsibility to let you know that there is a chance of contracting it in the centre. We have taken all reasonable precautions to prevent the spread of the disease and cannot be held responsible for anyone who is exposed to Covid 19 in the centre.**

**We are constantly reviewing the protocol as the situation changes. Your feedback or suggestions are welcome in helping us provide the safest environment possible.**